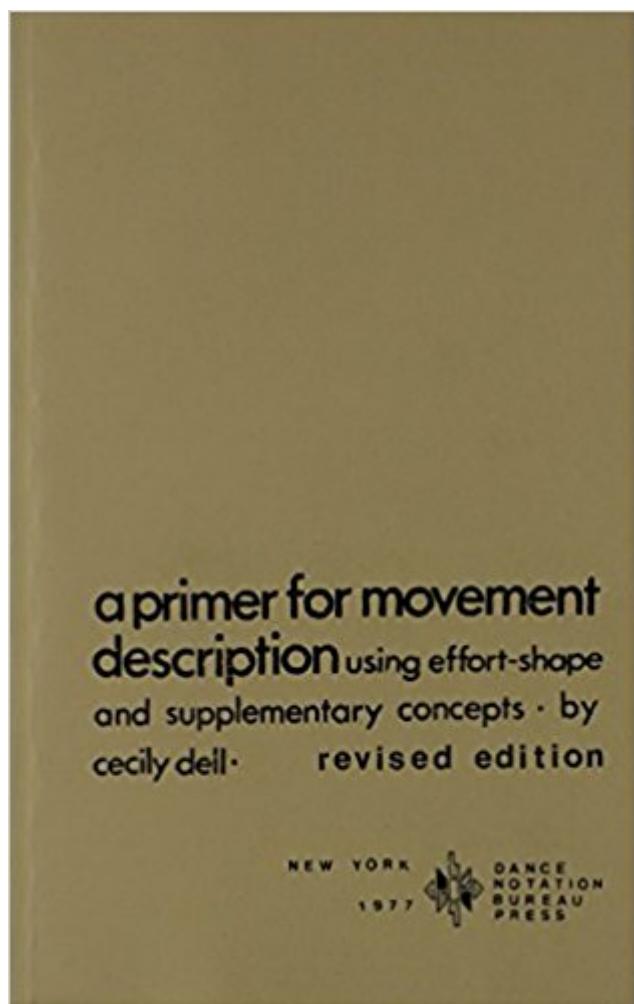


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Primer For Movement Description Using Effort/Shape



Synopsis

Preface: This text is intended as a general guideline for movement description, according to the principles of Effort/Shape, along with some related concepts which are used by various observers to supplement Effort/Shape.

Book Information

Paperback: 123 pages

Publisher: Dance Notation Bureau Press; 2 edition (January 1, 1970)

Language: English

ISBN-10: 0932582036

ISBN-13: 978-0932582034

Product Dimensions: 14 x 14 x 21.6 inches

Shipping Weight: 2.4 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 2 customer reviews

Best Sellers Rank: #93,964 in Books (See Top 100 in Books) #24 in Books > Textbooks > Humanities > Performing Arts > Dance #30 in Books > Arts & Photography > Performing Arts > Reference #57 in Books > Arts & Photography > Performing Arts > Dance

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Quality of the outside is poor, but the inside compensates by far!

This classic introduction to Laban Movement Analysis is crucial to the beginning understanding of movement description and Effort/Shape. Though I have many other books on this topic, I often resort to Dell's booklet for the very basic ideas for her clarity and the invaluable diagrams.

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